



FREE Parent/Carer Training

**Delivered by the Specialist Teaching Support Service
Autism Inclusion Team**

**PLEASE NOTE – THIS TRAINING IS FOR PARENTS/CARERS OF CHILDREN WHO HAVE
A DIAGNOSIS OF AUTISM (inc. those not yet referred to our Service)**

| DATE | TIME | COURSE TITLE | LOCATION |
|----------|----------------------------|---|---------------------------------|
| 30/01/24 | 09.30-13.00 | Understanding Autism | Bilbrook & Codsall Fire Station |
| 22/02/24 | 10.00-11.30 | Autism Acceptance & Awareness | Microsoft Teams |
| 29/02/24 | 10.45-12.30 | Raising Self-Esteem | Microsoft Teams |
| 08/03/24 | 09.00-12.00 | Autism In Early Years for Parents | Faraday Road, Stafford |
| 19/03/24 | 09.30-13.00 | Understanding Autism | Bilbrook & Codsall Fire Station |
| 19/03/24 | 09.30-12.30 | Transition to Adulthood <i>For Parents/Carers/FE Professionals</i> | Faraday Road, Stafford |
| 16/05/24 | 12.30-13.30 13:45-15:15 | Session 1: Autism Awareness Session 2: Raising Self-Esteem | Victory Hall, Rugeley |
| 18/06/24 | 09.30-11.00 | Self-Harm | Faraday Road, Stafford |
| 25/06/24 | 09.30-15.30 | Parent Bitesize Day | Faraday Road, Stafford |

Faraday Road = Families First at Faraday Road, Stafford, ST16 3NQ (Stafford Children's Centre)

Bilbrook & Codsall Fire Station = Duck Lane, Codsall, WV8 1HU

Victory Hall = Slitting Mill Road, Rugeley, WS15 2UW

Session Information Overleaf...

With pride. With purpose. With you.



Understanding Autism

Language use when talking about autism.
Understanding the key areas of difference.
Thinking about your child's needs and ways to support them.

Raising Self-Esteem in Autistic Children and Young People

Sharing diagnosis with your child.
Ways to raise your child's self-esteem.

Autism in Early Years for Parents

A practical session for parents of children aged 0-5 with resources to take away.

Transition to Adulthood Day

Please note, this session is for Parents/Carers of Autistic Young People and FE Professions.

The options after year 11 and year 13 can sometimes be confusing for learners and for parents/carers. There are many different routes and pathways that young people can take, and choices must be carefully made. Preparing for adulthood should be considered as part of their education to support young people into adulthood with paid employment, good health, independent living and friends, relationships, and community inclusion. This course explores these 4 areas and how educational settings can promote and embed these principles into their individual learning plans and EHC Plan targets.

Self-Harm

This course has been developed to support an understanding of self-harm and the prevalence in Autistic young people. Discussed is the difference between self-harm and self-injury, identifying common triggers, signs that a child/young person may be self-harming and effective strategies/interventions to try. Signposting to organisations that can assist is explored in this training.

Bitesize Training Courses

A date for your diaries! A day filled with one-hour, Autism specific, Bitesize courses. Delivered by members of the Autism Inclusion Team. More information to follow.