



KS3 curriculum map

Students are taught PE lessons twice per week. Each of these activities are 4 or 5 weeks long. Different activities will be taught depending on the PE group the students are in.

In year 8, students are taught OAA through team building and also fitness lessons. These lessons are additional to core PE and are taught in a rotational 7 or 8 week block.

In year 9, students learn about fitness through different fitness tests and training methods. These lessons are additional to core PE and are taught in a rotational 7 or 8 week block.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7	Trampolining, Basketball, Netball, Football, Volleyball, Table tennis, Badminton, Handball, Dance.				Athletics, Rounders, Cricket	
Year 8	Trampolining, Basketball, Netball, Football, Volleyball, Table tennis, Badminton, Handball, Dance, Outdoor and adventurous activities (OAA), Fitness.				Athletics, Rounders, Cricket	
Year 9	Trampolining, Basketball, Netball, Football, Volleyball, Table tennis, Badminton, Handball, Dance, Fitness.				Athletics, Rounders, Cricket	